



5 AFFIRMATIONS FOR GOOD HEALTH

EVERY CELL IN MY BODY IS
DANCING TO MY FAVORITE SONG.
I AM HEALTHY AND FREE OF ALL
ANXIETY.

MY HEART BEATS TO THE RHYTHM
OF HEALING AND HEALTH.

I HAVE UNLIMITED
ENERGY AND VITALITY

I ATTRACT THE BEST HEALTH AND
WHOLENESS EVERY MOMENT OF
EVERY DAY.

MY MIND, BODY AND SPIRIT ENJOY
PERFECT HEALTH.

